

## Storybook Dance Camps

DANCE and SING the day away! Imagination thrives in the magical world of storybook adventures! ENCHANT and DELIGHT as dance steps unlock doors to new lands. DRAMATIZE and TRANSFORM while leaping through pages. CREATE wands, tiaras, crowns, coloring pages and more! PLAY, SING and DANCE to the music of your favorite characters. WRITE your own story! Everyone has a BALL and lives HAPPILY ever after! **\*Bring a water bottle, snack & lunch**

“Believing takes practice.”

— [A Wrinkle in Time](#), Madeleine L'Engle

### Jungle Camp: Simba, Nala & Friends (Ages 4-7+)

6/29-7/2 -- \$345

9:30am-3:00pm M-TH

\*Creative Movement Emphasis

### Unicorn Camp: Wings, Hooves & Sparkles (Ages 4-7+)

7/6 - 7/9 -- \$345

9:30am-3:00pm M-TH

\*Ballet Emphasis

### Frozen Camp: Winter in July with Elsa & Friends (Ages 4-7+)

7/13 - 7/16 -- \$345

9:30am-3:00pm M-TH

\*Ballet Emphasis

### Under the Sea Camp: Ariel, Nemo, Moana & Friends (Ages 4-7+)

7/20 - 7/23 -- \$345

9:30am-3:00pm M-TH

\*Ballet Emphasis

### Ballerina Princesses Camp: Swan Lake & Sleeping Beauty (Ages 4-7+)

7/27- 7/30 -- \$345

9:30am-3:00pm M-TH

\*Ballet Emphasis

## Musical Theater Camp

Develop CHARACTER and learn to PERFORM like never before! DANCE your way everywhere you go and to BROADWAY and beyond! With selections from Sound of Music, Newsies, West Side Story & more. Dance & Sing for JOY! Mini in-studio showcase on the last day.

### Musical Theater Mash-Up (Ages 8-12+)

6/29-7/2 -- \$345

9:00am-2:30pm M-TH

## Lyrical/Contemporary Camp & Intensive

PUSH yourself and test your strengths. Become the BEST version of yourself in this special one week Lyrical/Contemporary workshop. Be INSPIRED and move from your HEART. Dance with your HEART and your body will follow.

### So You Think You Can Dance Camp (Ages 8-12+)

7/27-7/30 -- \$345

9:00am-2:30pm M-TH

### So You Think You Can Dance Intensive (Ages 13-18+)

7/20-7/23 -- \$345

2:00pm-7:30pm M-TH

## Hip-Hop Camp & Intensive

Step out in your high-tops and freestyle into the most FUN Hip-Hop Camp ever! Meet your breaking, locking, popping, jazz funk dance CREW. Taking rhythm and SKILLZ to the next level. BATTLE for the dance floor... Are you in? Confidence has no competition. No experience required.

### Hip-Hop Mini Camp (Ages 4-7+)

8/3 - 8/6 -- \$345

9:30am-3:00pm M-TH

### Hip-Hop Intensive (Ages 8-12+)

7/6 - 7/9 -- \$345

9:00am-2:30pm M-TH

## Choreography Camp & Intensive

A workshop to EXPLORE your artistic vision and DISCOVER strategies to hone the process of developing your unique choreographic voice. All levels are welcome.

### Choreography Intensive (Ages 13-18+)

8/10 - 8/14 -- \$150

3:30pm-6:30pm M/W/F

### Choreography Camp (Ages 8-12+)

8/11 - 8/13 -- \$100

3:30pm-5:30pm T/TH

**Ages 4-7+** see Storybook Dance/Hip-Hop Mini Camp/Dance Classes.  
**Ages 8-12+** see Musical Theater Camp/Hip-Hop Intensive/SYTYCD & Choreography Camp Dance Classes & Ballet Intensives (based on class level).  
**Ages 13-18+** see SYTYCD & Choreography Intensive/Ballet IV/V/VI & Teen/Adult Classes & Ballet Intensives  
**\*Ages groups are approximate - Class placement based on technical proficiency.**  
**\*Classes with 6 or fewer students may be combined or canceled.**

## Little Tutus, Pre-Ballet & Ballet I-VI

The ♥ of IAD is our ballet TRAINING program. Highly trained instructors take a sequential approach to teaching the ART of ballet. IAD's syllabus is based on the proven methods of Vaganova Technique, developing a great understanding of biomechanics. Our dancers build confidence, balance, coordination & FOCUS while developing ARTISTRY. Achieve line, stamina, concentration and GRACE optimal for all movement... and for LIFE!

### Little Tutus (Ages 2.5-4)

7/11-8/8 -- \$98

9:15am-9:45am SAT

### Pre-Ballet I/II (Ages 4-7)

7/11-8/8 -- \$98

9:00am-9:50am SAT

### Ballet I/II

SAT 7/11-8/8 -- \$98

11:30am-12:30am SAT

- See Teen/Adult Schedule - Ages 11+

Dancers in Ballet II may attend Beg Ballet

### Ballet III/IV

7/11-8/8 -- \$98

10:00am-11:30pm SAT

- See Teen/Adult Schedule - Ages 11+

Dancers in Ballet III/IV may attend Beg Ballet

Dancers in Ballet IV may attend Adv/Beg Ballet, Conditioning & Power Barre

### Ballet IV & Pointe

7/11-8/8 -- \$72.50

11:30am-12N SAT

- See also Teen/Adult Schedule:

Dancers in Ballet IV en pointe may attend Mon & Wed Adult/Teen Pointe

### Ballet V/VI & Pointe

- See Teen/Adult Schedule: All Classes



Grow into the dancer you've always dreamed of!

## Ballet Intensives

Learn to FLY here! TRAIN with the best and dance for JOY! Summer is an excellent time to focus on TECHNIQUE, artistry, stamina, flexibility and STRENGTH. Dancers progress in LEAPS and bounds during Intensives & often accomplish what might take months or years to achieve. Time to SOAR!

### Ballet Intensive & Variations-- Level I/II

7/20 - 7/23 -- \$375

9:00am-2:30pm M-TH

### Ballet Intensive & Variations -- Level III/IV

8/3 - 8/6 -- \$375

9:00am-2:30pm M-TH

### Ballet Intensive & Variations -- Level V/VI

7/27 - 7/30 -- \$375

2:00pm-7:30pm M-TH

## Friday Series -- Ballet IV/V/VI & Teen/Adults

Are you RELENTLESS in your training? Looking to fine TUNE your instrument? Join us for this special series with a focus on technique FUNDAMENTALS, nutritional practices, injury PREVENTION and mental STRATEGIES to help you perform at the TOP of your game.

### Technique Fundamentals: Jumps & Turns

Build CONFIDENCE in your pirouettes and allegro! Find balance, stability & COORDINATION. Dance at the barre and across the floor with ease!

7/10 -- \$50

12N-3:00pm FRI

### Nutrition, Selfcare & Wellness Coaching

MAINTAIN a HEALTHY mind, body and spirit. Implement simple HABITS and exercises into your everyday ROUTINE so you'll look, feel, and dance with more VITALITY than ever before.

7/17 -- \$50

12N-3:00pm FRI

### Flexibility & Injury Prevention for Dancers

Keep your ligaments, muscles and bones STRONG. Increase strength and FLEXIBILITY. Learn how to PREPARE and recover from training.

7/24 -- \$50

12N-3:00pm FRI



## Teen/Adult

## Ballet Classes & Pointe

### Summer Classes -- 06/28-08/22 (Ages 11+)

Enjoy dancing and TRAINING all summer long with the Teen/Adult program....

Single Class \$20/class -or- 10 Class Card \$175 & Pointe Card \$145

SUN	Adv/Beg Ballet	10:30am-12N
	Absolute Beg Ballet	11:30am-12:30pm
MON	Int Ballet	10:00am-11:30am
	*Ballet V/VI may take this class en pointe	
TUES	Adv/Beg Ballet	10:00am-11:30am
	Beg/Int Pointe +\$14.50/class	11:30am-12N
WED	Conditioning	10:00am-11:00am
	Beg Ballet	11:00am-12N
	*Open to Ballet II/III Ages 11+	
THURS	Adv/Beg Ballet	10:00am-11:30am
	Beg/Int Pointe +\$14.50/class	11:30am-12N
FRI	Power Barre	10:00am-11:30am
	*Ballet V/VI may take this class en pointe	
SAT	Int/Adv Ballet +\$2 music	10:00am-11:30am
	Int Pointe +\$14.50/class	11:30am-12N

## Dance Company @ IAD

### Pre-Season Company Prep & Company Jam

8/17-8/28 -- Mandatory for Company 2020-21

Company auditions for new members by appointment

M/W/F	Elite - Jr./Sr.	3:30-6:30pm *two weeks
T/Th	Spark/Core	5:30-6:30pm *two weeks
T/Th	Apprentice/Prot	3:30-5:30pm *two weeks

\*Pre-Season Company Prep & Company Jam included in Company dues

SANTA CRUZ CITY BALLET and SOUL CONTEMPORARY DANCE CO together make up the COMPANY @ IAD, under the umbrella of the SANTA CRUZ DANCE GUILD, a 501c3 non-profit organization. Company is for dancers who are ready to take their dance training to a new level of AMAZING! Company dancers put in extra effort to gain an extraordinary EDGE, working together as a TEAM, gaining experience and CONFIDENCE rehearsing, performing and being COACHED at a high level. The Company performs within the community at events such as the Warriors & Derby Girls Halftime shows, Children's Day Downtown, Dance Week and Great America! Additionally, Company dancers may attend conventions and competitions. Competition is not required. All dancers participate in Nutcracker and June Production. This year the Company will continue to SERVE our community through performance, outreach and educational opportunities, utilizing the UNITING force of dance to do good work that ENRICHES our world, our dancers and our families.

# Dance through SUMMER

6/28-8/22

**\* Classes \* Camps \* Intensives \***

Inspiring dancers to become versatile, healthy & passionate artists.  
Training & Technique in a nurturing environment.



## DANCE FOR JOY!

Classical Ballet  
Pointe  
Lyrical  
Hip-Hop  
Musical Theater  
Tap

*\*Fall Classes Begin August 31st\**

[IADance.com](http://IADance.com)

831.466.0458